

WIJKANDERS

RESTAURANG

Lunchmeny V.44, 2018

VEGETARISK

Pasta, sojafärs, svamp, tomat, Grana Padano & ruccolasallad

Pasta, minced soy, mushrooms, tomatoes, Grana Padano & rocket salad

Tortellini, ostsås, rostad aubergin, zucchini, frön & baby leaf

Tortellini, cheese sauce, roasted aubergine, zucchini, seeds & baby leaf

Vegetarisk grönsaksgröta, sojafärs, bönor & ris

Vegetarian stew, minced soy, beans & rice

Rostad kvarngrynspytt, bakad blomkål & valnötspesto

Roasted wheat berry hash, baked cauliflower & walnut pesto

Poké bowl, tofu, mango, ris, sojaböner, chilikräm & koriander

Poké bowl, tofu, mango, rice, soy beans, chili cream & coriander

FISK

MÅNDAG

Pocherad fisk, vitt vin- & musselsås, krossad potatis, dill

Poached fish, white wine & mussel sauce, potato mash, dill

TISDAG

Panko- & örtbakad fisk, kall dillkräm, smörslungad potatis & citron

Panko & herb baked fish, cold dill cream, butter seasoned potatoes

ONSDAG

Panerad stekt fisk, mango- & spiskumminkräm, couscous, russin & kanel

Crumbed fried fish, mango & cumin dressing, couscous, raisins & cinnamon

TORSDAG

Fisk- & skaldjusbiff, röd currysås, bulgursallad, lök & paprika

Seafood patty, red curry sauce, bulgur salad, onions & bell pepper

FREDAG

Poké bowl, sesamsotad lax, mango, ris, sojaböner, chilikräm & koriander

Poké bowl, sesame seared salmon, mango, rice, soy beans, chili cream & coriander

KÖTT

Pytt i panna, äggulekräm, saltgurka & rödbetor

Swedish hash, baked egg cream, pickles & beetroots

Fläskwok, grönsaker, soja, ingefära, jasminris & teriyakisås

Wok with pork, vegetables, soy, ginger, jasmine rice & teriyaki sauce

Kycklingbröst i curry- & kokossås, ris, koriander & picklad gurka

Chicken breast in curry & coconut sauce, rice, coriander & pickled cucumber

Helstekt svensk fläskkarré, rödvinssås, saltrostad potatis & pepparbakade morötter

Roasted pork loin from Sweden, red wine sauce, salt roasted potatoes & pepper baked carrots

Kalvfärsbiff, potatismos, svampsås & rårörda vinbär

Veal patty, mashed potatoes, mushroom sauce & preserved black currants

Med reservation för ändring av råvaror