

WIJKANDERS

RESTAURANG

Lunchmeny V.48, 2018

VEGETARISK

Pasta Bolognese, sojafärs, svamp, tomat, linguine, grana padano & baby leaf
Pasta Bolognese, soy protein, mushrooms, tomatoes, linguine, grana Padano & baby leaf salad

Bakad potatis, fetaost, keso, ärtor, rostad lök & ärtskott
Baked potato, feta cheese, cottage cheese, peas, roasted onions & pea sprouts

Blomkål- & potatiscurry, kikärter, ris & raita
Cauliflower & potato curry, chick peas, rice & raita

Bakad selleri, rostad potatis, tomatsås, gula ärtor, olivolja, koriander & paprika
Baked celeriac, roasted potatoes, tomato sauce, yellow peas, olive oil, coriander & bell pepper

Pulled sojaprotein, pitabröd, vitlöksdressing, sallad & picklade grönsaker
Pulled soy protein, pita bread, garlic dressing, salad & pickled vegetables

FISK

MÅNDAG

Örtbakad fisk, tomat- & lök vierge, krossad potatis
Herb baked fish, tomato & onion vierge, mashed potatoes

TISDAG

Ångkokt torsk, brandade på rökt sik, vitvinsås, citron & dill
Steamed cod, brandade of smoked whitefish, white wine sauce, lemon & dill

ONSDAG

Stekt fisk, polentakaka, spenatsallad, örtvinaigrette & rostad zucchini
Fried fish, polenta cake, spinach salad, herb vinaigrette & roasted zucchini

TORSDAG

Bacalao på torsk, kikärter, rostad potatis, paprika, olivolja & koriander
Bacalao of cod, chick peas, roasted potatoes, bell pepper, olive oil & coriander

FREDAG

Bakad fisk, hasselnötter, persilja, dill, lök, kallpressad rapsolja & kokt potatis
Baked fish, hazelnuts, parsley, dill, onions, canola oil & boiled potatoes

Med reservation för ändring av råvaror

KÖTT

Köttfärslimpa på vildsvin, enbär- & svamp, svartvinbärgelé, brysselkål & mos
Meatloaf of wild boar, mushroom & juniper berries, black currant jelly, brussel sprouts & mashed potatoes

Kyckling i curry- & kokossås, ris, koriander & picklad lök
Chicken in curry & coconut sauce, rice, coriander & pickled onions

Vitlöksstekt kalv-tritip, klyftpotatis, rödvinsås & kryddsmör
Garlic fried veal tritip, potato wedges, red wine sauce & spice butter

Köfte på nötfärs, vitlöksyoghurt, bulgur, persilja & äpple
Köfte of beef, garlic yoghurt, bulgur, parsley & apple

Bbq glacerat fläsklägg, bakad sötpotatis, sotad kål & yoghurt
Bbq glazed pork shank, baked sweet potato, seared cabbage & yoghurt