

WIJKANDERS

RESTAURANG

Lunchmeny V.3, 2019

VEGETARISK

Svamprisotto, rostad jordärtskocka, spenat & prästost
Mushroom risotto, roasted Jerusalem artichoke, spinach & matured Swedish cheese

Bakad potatis, fetaost, yoghurt, ärtskott, picklad gurka, lök & rostade frön
Baked potato, feta cheese, yoghurt, pea sprouts, pickled cucumber, onions & roasted seeds

Rödbetsbiff, getost, linser, valnötter & smetana
Beetroot patty, goat cheese, lentils, walnuts & smetana

Pastagrätäng, tomat & mozzarella, kälchips, persiljerot
Pasta gratin, tomato & mozzarella, cabbage chips, parsley root

Sojafärs lasagne, mozzarella, cheddar, bakad tomat & babyspenat
Soy protein lasagna, mozzarella, cheddar, baked tomato & baby spinach

FISK

MÅNDAG

Stekt vitling, polenta- & örträm, ost, tomat, oliver, ruccola
Fried whiting, polenta & herb cream, cheese, tomatoes, olives & rocket salad

TISDAG

Pocherad fisk, grönsaker i kokosbuljong, potatis, purjolök, lime & ingefära
Poached fish, vegetables in coconut broth, potato, leek, lime & ginger

ONSDAG

Varmrökt lax, grillad romansallad, pocherat ägg, sardellkräm, oliver, tomat & grana padano
Warm smoked salmon, grilled romano salad, poached egg, anchovies cream, olives, tomatoes & grana padano

TORSDAG

Stekt panerad sej, mangokräm, kokt potatis, citron & örtsallad
Fried crumbed saithe, mango dressing, boiled potatoes, lemon & herb salad

FREDAG

Chilibakad fisk, nudelsallad, soja, miso, kål, morot, groddar & koriander
Chili baked fish, noodle salad, soy, miso, cabbage, carrot, sprouts & coriander

Med reservation för ändring av råvaror

KÖTT

Köttbullar & potatismos, lingon & gräddsås
Meatballs & mashed potatoes, lingonberries & cream sauce

Pytt i panna, äggkräm, rödbetor & saltgurka
Swedish hash, egg cream, beet roots & pickles

Pannbiff på vildsvin, stekt lök, vinbärssås & kokt potatis
Patty of wild boar, caramelized onions, black currant sauce & boiled potatoes

Citron- & örtpakat kycklinglår, couscoussallad, russin, kanel, rostad fänkål, mynta & yoghurt
Lemon & herb baked chicken leg, couscous salad, raisins, cinnamon, roasted fennel, mint & yoghurt

Nattbakat kalvhögrev, dragonsky, rostad potatis & rostade rotfrukter
Slow cooked veal chuck, tarragon gravy, roasted potatoes & vegetables