

# WIJKANDERS

## RESTAURANG

Lunchmeny V.5, 2019

### VEGETARISK

Rostad zucchini, paprika, aubergin, libabröd, bönor & yoghurt  
*Roasted zucchini, bell pepper, aubergine, liba bread, beans & yoghurt*

Buljongkokt amandine potatis, keso, 63°C ägg, sojaböner & rostade frön  
*Broth boiled amandine potatoes, cottage cheese, 63°C ägg, soy beans & roasted seeds*

Ärt- & bönbiff, quinoasallad, kål, lök, cornichons & smetana  
*Pea & bean patty, quinoa salad, cabbage, onions, cornichons & smetana*

Spenat- & fetaosttortilla, sallad, rostad tomat, picklad lök & örträm  
*Spinach & feta cheese tortilla, salad, roasted tomato, pickled onions & herb cream*

Cannelloni, ricotta, spenat, ostsås, torkade oliver & spenat  
*Cannelloni, ricotta, spinach, cheese sauce, dried olives & spinach*

### FISK

#### MÅNDAG

Pocherad torsk, dillslungad potatis, rostade & picklade morötter, vitvinsås  
*Poached cod, dill flavoured potatoes, roasted & pickled carrots, white wine sauce*

#### TISDAG

Stekt strömming, potatismos, lingon & brynt smör  
*Fried herring, mashed potatoes, lingonberries & browned butter*

#### ONSDAG

Ruccolabakad kolja, krämig risoni, rostade tomater & oliver  
*Arugula baked haddock, creamy risoni, roasted tomatoes & olives*

#### TORSDAG

Paella, kräftstjärter, musslor, räkor, paprika, ärtor, aioli & bakad fisk  
*Paella, crayfish, mussels, shrimps, bell pepper, green peas, aioli & baked fish*

#### FREDAG

Stekt torsk, gräddkokt spenat, persiljeslungad potatis & rotsakschips  
*Fried cod, creamed spinach, parsley flavoured potatoes & root chips*

*Med reservation för ändring av råvaror*

### KÖTT

Köttfärslimpa, fetaost, oliver, rostad potatis, soltorkad tomatsås & ruccolasallad  
*Meatloaf, feta cheese, olives, roasted potatoes, sundried tomato sauce & rocket salad*

Grillad fläskkarré, klyftpotatis, barbequesås & rostad kål  
*Grilled pork neck, potato wedges, barbeque sauce & roasted cabbage*

Kyckling i curry- & kokossås, lime, koriander & picklad gurka  
*Chicken in curry & coconut sauce, lime, coriander & pickled cucumber*

Lasagne, rostad rotfruktsallad & västerbottenost  
*Lasagne, roasted roots salad & cured Swedish cheese*

Kalvfärsbiff, potatismos, gröna ärtor, skysås, kallpressad rapsolja & lingon  
*Veal patty, mashed potatoes, green peas, gravy, canola oil & lingonberries*