

# WIJKANDERS

## RESTAURANG

Lunchmeny V.8, 2019

### VEGETARISK

Tortellini, spenat, valnötspesto, rucola & Grana Padano  
*Tortellini, spinach, walnut pesto, rocket salad & Grana Padano*

Sojafärs- & grönsaksgräta, bönor, saltgurka, ris & persilja  
*Soy protein & vegetable ragout, beans, pickles, rice & parsley*

Rostat matvetesallad, grönkål, aprikos, rostad mandel, yoghurt & stekt ost  
*Roasted wheat berry salad, green cabbage, apricots, roasted almonds, yoghurt & fried cheese*

Smördegspaj, bakad tomat, ricotta, solroskärnor & spenat  
*Puff pastry pie, baked tomato, ricotta, sunflower seeds & spinach*

Bakad sötpotatis, friterad halloumi, äpple, fänkål, koriander, yoghurt & rostade cashewnötter  
*Baked sweet potato, deep fried halloumi, apple, fennel, coriander, yoghurt & roasted cashew nuts*

### FISK

#### MÅNDAG

Örtbakad fisk, krämig risoni, baby leaf sallad, pumpafrön & rostad tomat  
*Herb baked fish, creamed risoni, baby leaf salad, pumpkin seeds & roasted tomatoes*

#### TISDAG

Stekt strömming, potatismos, brynt smör, lingon & dill  
*Fried herring, mashed potatoes, browned butter, lingonberries & dill*

#### ONSDAG

Panerad stekt fisk, paprikayoghurt, rostad potatis & örtsallad  
*Crumbed fried fish, bell pepper yoghurt, roasted potatoes & herb salad*

#### TORSDAG

Bakad fisk, inkokt pumpa, gnocchi, savoykål & svampbuljong  
*Baked fish, pickled pumpkin, gnocchi, savoy cabbage & mushroom broth*

#### FREDAG

"Sudado de pescado" på torsk, krossad potatis, citron- & örtvinäggrett, spenat  
*Bell pepper & chili baked fish, mashed potatoes, lemon & herb vinaigrette, spinach*

*Med reservation för ändring av råvaror*

### KÖTT

Kycklingfile, pasta, chili, paprika, grädde & persilja  
*Chicken breast, pasta, chili, bell pepper, cream & parsley*

Kålpudding, gräddsås, rårörda lingon & kokt potatis  
*Cabbage & meat pudding, cream sauce, lingonberries & boiled potatoes*

Lammfärsbiff, rostade rotsaker, rostad potatis & skysås  
*Lamb patty, roasted vegetables, roasted potatoes & gravy*

Senapsbakad fläskkarré, äppelcidersås, rostad palsternacka & potatis  
*Mustard baked pork neck, apple cider sauce, roasted parsnips & potatoes*

Biff lindström, råstekt potatis, persiljesmör & skysås  
*Beef patty, capers, beets, roasted potatoes, parsley butter & gravy*