

# WIJKANDERS

## RESTAURANG

Lunchmeny V.45, 2019

### VEGETARISK

**Tortilla, potatis, spenat, svamp & tomatsallad**  
*Tortilla, potato, spinach, mushrooms & tomato salad*

**Curry på linser- & kikärter, basmatiris, koriander & naanbröd**  
*Dahl of lentils & chick peas, basmati rice, coriander & naan bread*

**Pasta, svampsås, Grana Padano, spenat & rostade pumpafrön**  
*Pasta, mushroom sauce, Grana Padano, spinach & roasted pumpkin seeds*

**Falafel, libabröd, sesam- & vitlöksdressing, sallad, koriander & picklad lök**  
*Falafel, liba bread, sesame & garlic dressing, salad, coriander & pickled onions*

**Bakad sötpotatis, yoghurt, halloumi, fänkål- & vitkålssallad, rostade solrosfrön**  
*Baked sweet potato, yoghurt, halloumi, fennel & white cabbage salad, roasted sunflower seeds*

### FISK

MÅNDAG

**Färskostbakad fisk, dillslungad potatis & rostad broccoli**  
*Cream cheese baked fish, dill seasoned potatoes & roasted broccoli*

TISDAG

**Stekt strömming, potatismos, lingon, dill & brynt smör**  
*Fried herring, mashed potatoes, lingonberries, dill & browned butter*

ONSDAG

**Fisk- & skaldjursgratäng, potatis, purjolök, dill & citron**  
*Seafood gratin, potatoes, leeks, dill & lemon*

TORSDAG

**Pestobakad fisk, polenta- & ostkräm, ratatouille**  
*Pesto baked fish, polenta & cheese cream, ratatouille*

FREDAG

**Torskbiff, krossad potatis, skirat smör, gröna ärtor, skaldjur & dill**  
*Cod patty, mashed potatoes, clarified butter, green peas, shellfish & dill*

*Med reservation för ändring av råvaror*

### KÖTT

**Pytt i panna, rödbetor, saltgurka & äggkräm**  
*Swedish hash, beetroots, pickles & egg cream*

**Helstekt rapsgriskarré, plommonsås, rostad potatis- & morot**  
*Roasted canola fed pork loin, plum sauce, roasted potatoes & carrots*

**Lasagne på blandfärs, bakad tomat, spenat & Grana Padano**  
*Lasagna of pork & beef, baked tomatoes, spinach & Grana Padano*

**Ört- & citronbakat kycklingbröst, rostade rotsaker, bulgur & tzatziki**  
*Herb & lemon baked chicken breast, roasted vegetables, bulgur & tzatziki*

**Helstekt kotletrad "Provencal", potatisgratäng, skysås & bakad tomat**  
*Roasted pork loin "Provencal", potato gratin, gravy & baked tomato*