

WIJKANDERS

RESTAURANG

Lunchmeny V.48, 2019

VEGETARISK

Rostad zucchini, paprika, aubergin, libabröd, bönor & yoghurt

Roasted zucchini, bell pepper, aubergine, liba bread, beans & yoghurt

Buljongkokt amandinepotatis, keso, 63°C ägg, sojaböner & rostade frön

Broth boiled amandine potatoes, cottage cheese, 63°C egg, soy beans & roasted seeds

Spenatlasagne, curry, grädde, ost, ruccolasallad & rostade frön

Spinach lasagna, curry, cream, cheese, rocket salad & roasted seeds

Svamp- & fetaosttortilla, sallad, rostad tomat, picklad lök & örträm

Mushroom & feta cheese tortilla, salad, roasted tomato, pickled onions & herb cream

Cannelloni, ricotta, bladspenat, svampsås, bakad rotselleri & babyspenat

Cannelloni, ricotta, spinach, mushroom sauce, baked celeriac & baby spinach

FISK

MÅNDAG

Pocherad torsk, dillslungad potatis, rostade & picklade morötter, vitvinsås

Poached cod, dill flavoured potatoes, roasted & pickled carrots, white wine sauce

TISDAG

Ugnsbakad fisk, bakad kål, picklad svamp, buljong, potatis, grönkål & sojaböner

Oven baked fish, roasted cabbage, pickled mushrooms, broth, potatoes, green cabbage & soy beans

ONSDAG

Ruccolabakad fisk, krämig risoni, rostade tomater & oliver

Arugula baked fish, creamy risoni, roasted tomatoes & olives

TORSDAG

Saffran- & skaldjursrisotto, bakad fisk, ärtor, paprika & baby leaf sallad

Saffron & shellfish risotto, baked fish, green peas, bell pepper & baby leaf salad

FREDAG

Pankobakad fisk, gräddkokt spenat, persiljeslungad potatis & rotsakschips

Fried cod, creamed spinach, parsley flavoured potatoes & root chips

KÖTT

Isterband, bakade rödbetor, stuvad potatis, persilja & senap

Cured sausage, baked beets, creamed potatoes, parsley & mustard

Kycklingwok, ris, böngroddar, vitkål, sesam, soja & koriander

Chicken wok, rice, bean sprouts, cabbage, sesame, soy & coriander

Köttfärslimpa, fetaost, oliver, rostad potatis, soltorkad tomatås & ruccolasallad

Meatloaf, feta cheese, olives, roasted potatoes, sundried tomato sauce & rocket salad

Helstekt fläskkarré, klyftpotatis, dragonkräm & rostade tomater

Roasted pork neck, potato wedges, tarragon cream & roasted tomatoes

Lasagne, rostad rotfruktsallad & västerbottenost

Lasagne, roasted roots salad & matured Swedish cheese

Med reservation för ändring av råvaror