

WIJKANDERS

RESTAURANG

Lunchmeny V.3, 2020

VEGETARISK

Svamprisotto, rostad jordärtskocka, spenat & prästost
Mushroom risotto, roasted Jerusalem artichoke, spinach & matured Swedish cheese

Bakad potatis, fetaost, yoghurt, ärtskott, picklad gurka, lök & rostade frön
Baked potato, feta cheese, yoghurt, pea sprouts, pickled cucumber, onions & roasted seeds

Grönsaksbiff, rödbeta, getost, linser, valnötter & smetana
Vegetable patty, beetroot, goat cheese, lentils, walnuts & smetana

Pastagrätäng, tomat & mozzarella, baby leaf & picklad morot
Pasta gratin, tomato & mozzarella, baby leaf & pickled carrot

Sojafärslasagne, mozzarella, cheddar, bakad tomat & babyspenat
Soy protein lasagna, mozzarella, cheddar, baked tomato & baby spinach

FISK

MÅNDAG

Bakad fisk, polenta- & örkräm, ost, tomat, oliver, ruccola
Baked fish, polenta & herb cream, cheese, tomatoes, olives & rocket salad

TISDAG

Pocherad fisk, grönsaker i kokosbuljong, potatis, purjolök, lime & ingefära
Poached fish, vegetables in coconut broth, potato, leek, lime & ginger

ONSDAG

Ugnsbakad fisk, kokt potatis, kapriskräm, soltorkad tomat & grana padano
Oven baked fish, boiled potatoes, capers cream, sundried tomatoes & grana padano

TORSDAG

Pankobakad fisk, mangokräm, kokt potatis, citron & örtsallad
Pankobaked fish, mango dressing, boiled potatoes, lemon & herb salad

FREDAG

Chilibakad fisk, nudelsallad, soja, miso, kål, morot, groddar & koriander
Chili baked fish, noodle salad, soy, miso, cabbage, carrot, sprouts & coriander

KÖTT

Köttbullar & potatismos, lingon & gräddsås
Meatballs & mashed potatoes, lingonberries & cream sauce

Pytt i panna, äggkräm, rödbetor & saltgurka
Swedish hash, egg cream, beetroots & pickles

Pannbiff, stekt lök, vinbärssås & kokt potatis
Meat patty, caramelized onions, black currant sauce & boiled potatoes

Citron- & örtdakat kycklinglår, couscoussallad, russin, kanel, fänkål, mynta & yoghurt
Lemon & herb baked chicken leg, couscous salad, raisins, cinnamon, fennel, mint & yoghurt

Stekt- & glacerad kalv tritip, dragonsky, rostad potatis & rostade rotfrukter
Roasted & glazed veal tri tip, tarragon gravy, roasted potatoes & vegetables

Med reservation för ändring av råvaror