

WIJKANDERS

RESTAURANG

Lunchmeny V.5, 2020

VEGETARISK

Falafel, picklad grönsaker, libabröd, sallad & sesamdressing

Falafel, pickled vegetables, liba bread, salad & sesame dressing

Pasta, krämig paprikasås, ost, ruccolasallad & rostade frön

Pasta, creamy bell pepper sauce, cheese, rocket salad & roasted seeds

Bakade röbetor, quinoasallad, kål, spenat & fetaostkräm

Baked beetroot, quinoa salad, cabbage, spinach & feta cheese cream

Spenat- & fetaosttortilla, sallad, rostad tomat, picklad lök & örkräm

Spinach & feta cheese tortilla, salad, roasted tomato, pickled onions & herb cream

Cannelloni, ricotta, spenat, ostsås, tomat, basilika & rostade pumpakärnor

Cannelloni, ricotta, spinach, cheese sauce, tomato & roasted pumpkin seeds

FISK

MÅNDAG

Pocherad torsk, dillslungad potatis, picklade morötter & vitvinsås

Poached cod, dill flavoured potatoes, pickled carrots & white wine sauce

TISDAG

Lax- & fetaostbiff, potatismos, räkor, dill & brynt smör

Salmon & feta cheese patty, mashed potatoes, shrimps, dill & browned butter

ONSDAG

Ruccolabakad fisk, krämig risoni, rostade tomater & oliver

Rocket salad baked fish, creamy risoni, roasted tomatoes & olives

TORSDAG

Fisk- & skaldjursgratäng, potatismos, dill & spenat

Seafood gratin, mashed potatoes, dill & spinach

FREDAG

Pankobakad fisk, gräddkockt spenat, persiljeslungad potatis & rotsakschips

Panko baked fish, creamed spinach, parsley flavoured potatoes & root chips

KÖTT

Isterband, stuvad potatis, senap, persilja & rödbetor

Isterband, creamed potatoes, mustard, parsley & beets

Ugnstekt fläskkarré, rostad potatis, barbequesås & kålsallad

Oven roasted pork loin, roasted potatoes, barbeque sauce & cabbage salad

Tandooribakat kycklingbröst, gurka, yoghurt & ris

Tandoori baked chicken breast, cucumber, yoghurt & rice

Linguini, grädde, bacon, champinjon, grana padano & ruccola

Linguini, cream, bacon, mushrooms, grana padano & rocket salad

Köttfärslimpa på kalv, potatismos, skysås & lingon

Veal meatloaf, mashed potatoes, gravy & lingonberries

Med reservation för ändring av råvaror