

WIJKANDERS

RESTAURANG

Lunchmeny V.7, 2020

VEGETARISK

Citronrisotto, sojaböner, ärtskott, rostade frön & Grana Pandano

Lemon risotto, soy beans, pea sprouts, roasted seeds & Grana Padano

Bakad rotselleri, gröna linser, soltorkad tomat, chevrékräm & rostade pumpafrön

Baked celeriac, green lentils, sundried tomatoes, chevré cream & roasted pumpkin seeds

Nudelsallad, kål, morot, sojamarinerat ägg, svampbuljong, koriander & rostad lök

Noodle salad, cabbage, carrot, soy marinated egg, mushroom broth, coriander & roasted onions

Sojafärs bolognese, linguini, ost, rostad tomat & spenat

Vegetarian bolognese, linguini, cheese, roasted tomato & spinach

Lins- & kokoslasagne, rårivna grönsaker, koriander & yoghurt

Lentil & coconut lasagna, raw vegetable salad, coriander & yoghurt

FISK

MÅNDAG

Basilikabakad fisk, potatismos, soltorkad tomatvinaigrette, rostad mandel & vårlök

Basil baked fish, mashed potatoes, sundried tomato vinaigrette, roasted almond & spring onion

TISDAG

Laxbiff, coleslaw, ingefära, chili, koriander & rostad potatis

Salmon patty, coleslaw, ginger, chili, coriander & roasted potatoes

ONSDAG

Ångad fisk, krossad potatis, vitlök, tomatsås, fänkål & spenat

Steamed fish, crushed potatoes, garlic, tomato sauce, fennel & spinach

TORSDAG

Currybakad fisk, krossad sötpotatis, chili, vitlök, misoyoghurt & koriander

Curry baked fish, mashed sweet potato, chili, garlic, miso yoghurt & coriander

FREDAG

Pankobakad fisk, västkuströra, kokt potatis, dill & citron

Panko baked fish, shellfish salad, boiled potatoes, dill & lemon

KÖTT

Pytt i panna, rödbetor, bakad äggulekräm, saltgurka & persilja

Swedish hash, beetroot, baked egg yolk, pickled cucumber & parsley

Viltskav, svamp, lök, potatispuré & råörda lingon

Game casserole, mushroom, onion, mashed potatoes & lingonberries

Kycklinggryta, kokos, lime, paprika, ris & koriander

Chicken stew, coconut, lime, bell pepper, rice & coriander

Vitlöksstekt kortlettrad, klyftpotatis, dragonkräm & ruccola

Garlic fried pork loin, potato wedges, tarragon cream & rocket salad

Pannbiff, champinjonsås, potatismos & saltgurka

Minced meat patty, mushroom sauce, mashed potatoes & pickled cucumber

Med reservation för ändring av råvaror