

WIJKANDERS

RESTAURANG

Lunchmeny V.9, 2020

VEGETARISK

Tortellini, ricotta, spenat, valnötssås, Grana Pandano & rostade frön

Tortellini, ricotta cheese, spinach, walnut sauce, Grano Pandano & roasted seeds

Kikärt- & blomkålscurry, potatis, garam masala, koriander & picklad gurka

Chickpea & cauliflower curry, potato, garam masala, coriander & pickled cucumber

Bakad vitkål, bulgur, lök, picklad svamp, skottsallad & örträm

Baked cabbage, bulgur, onion, pickled mushrooms, sprout salad & herb cream

Quesadilla, ost, avokado, gräddfil, tomat, bönor & koriander

Quesadilla, cheese, avocado, sour cream, tomato, beans & coriander

Glasnudlar, tofu, sesamdressing, morot, vitkål, böngroddar & koriander

Glass noodles, tofu, sesame dressing, carrot, cabbage, bean sprouts & coriander

FISK

MÅNDAG

Chilibakad fisk, rostad potatis & rotfrukter, sojamajonnäs & ärtskott

Chili baked fish, roasted potatoes & vegetables, soya mayonnaise & pea sprouts

TISDAG

Ostbakad fisk, tomatsås, grönsaksris, rostad zucchini & spenat

Cheese baked fish, tomato sauce, vegetable rice, roasted zucchini & spinach

ONSDAG

Ångad fisk, vitvinssås, räkor, potatismos, citron & dill

Steamed fish, white wine sauce, shrimps, mashed potatoes, lemon & dill

TORSDAG

Pankobakad fisk, mango- & currykräm, solrosskott, dill & smörslungad potatis

Panko baked fish, mango & curry cream, sunflower sprouts, dill & butter seasoned potatoes

FREDAG

Bakad fisk, krämig spenat, kokt potatis & rostad lök

Baked fish, creamed spinach, boiled potatoes & roasted onion

KÖTT

Köttbullar, potatismos, cognacsås, lingon & saltgurka

Meat balls, mashed potatoes, cognac sauce, lingon berries & pickled cucumber

Örtbakad kyckling, rostade rotsaker, bulgur, persiljekräm & baby leaf sallad

Herb baked chicken, roasted vegetables, bulgur, parsley cream & baby leaf salad

Kalvfärsbiff, fetaost, rostad potatis, tzatziki & ruccula

Veal patty, feta cheese, roasted potatoes, tzatziki & rocket salad

Pulled pork, pitabröd, sallad, tomat, bönor, koriander & yoghurt

Pulled pork, pita bread, salad, tomato, beans, coriander & yoghurt

Bräserat urbanat kycklinglår, potatismos, dill- & citronsky, rostad morot

Brasied boneless chicken leg, mashed potatoes, dill & lemon gravy, roasted carrot

Med reservation för ändring av råvaror