

WIJKANDERS

RESTAURANG

Lunchmeny V.11, 2020

VEGETARISK

Svamprisotto, gröna ärtor, rotfruktschips, ruccola & rostade frön

Mushroom risotto, green peas, vegetable crisp, rocket salad & roasted seeds

Pasta, tomatsås, spenat, Grana Padano & rostade pumpafrön

Pasta, tomato sauce, spinach, Grana Padano & roasted pumpkin seeds

Bakad rödbeta, bulgur, lök, fetaostkräm, baby leaf & rostade valnötter

Baked beetroot, bulgur, onion, feta cheese crème, baby leaf & roasted walnuts

Gnocchi, bakad kål, svampbuljong, quinoa & råsyrad rotselleri

Gnocchi, baked cabbage, mushroom broth, quinoa & raw pickled celeriac

Krämig risoni, rostad aubergine, zucchini & paprika, rostade frön, ruccola & ost

Creamy risoni, roasted aubergine, zucchini & bell pepper, roasted seeds, rocket salad & cheese

FISK

MÅNDAG

Bakad fisk, saltorkad tomat, brynt smör, potatismos & baby leaf sallad

Baked fish, sundried tomatoes, browned butter, mashed potatoes & baby leaf salad

TISDAG

Vitvinspocherad fisk, sallad på morot, broccoli & blomkål, örtslungad potatis & citronkräm

White wine poached fish, salad of carrot, broccoli & cauliflower, herb seasoned potatoes & lemon cream

ONSDAG

Pankobakad fisk, dansk remouladsås, citron, kokt potatis & dill

Panko baked fish, danish remoulade sauce, lemon, boiled potatoes & dill

TORSDAG

Bakad fisk, tomat- & currysås, krossad sötpotatis, ingefära & lime

Baked fish, tomato & curry sauce, crushed sweet potato, ginger & lime

FREDAG

Pocherad fisk, kokos- & musselbuljong, röda linser, broccoli & sojaböner

Poached fish, coconut & mussel broth, red lentils, broccoli & soy beans

KÖTT

Isterband, persiljestuvad potatis, senap & rödbetor

Swedish sausage "Isterband", parsley creamed potatoes, mustard & beetroot

Oreganostekt kycklingbröst, tomat- & ostsås, ris, grönsaker & saffran

Oregano baked chicken breast, tomato & cheese sauce, rice, vegetables & saffron

Helstekt fläskkarré, klyftpotatis, plommonsås & persilja

Roasted pork loin, potato wedges, plum sauce & parsley

Glacerad rimmad oxbringa, potatiskompott, chili & tomatsås

Glazed cured beef brisket, crushed potatoes, chili & tomato sauce

Färsbiff, rostad potatis, rotfrukter, saltorkad tomat & persilja

Mince meat patty, roasted potatoes, vegetables, sundried tomatoes & parsley

Med reservation för ändring av råvaror