

WIJKANDERS

RESTAURANG

Lunchmeny V.17, 2020

VEGETARISK

Falafel, ris, sesamkräm, picklad morot, paprika, sallad & spenat
Falafel, rice, sesame crème, pickled carrot, bell peppers, salad & spinach

Canneloni, ricotta, spenat, grädde, tomat, ost, rostade frön & ruccola
Canneloni, ricotta, spinach, cream, tomato, cheese, roasted seeds & rocket salad

Bakad rotselleri, persiljekräm, matvete, kronärtskocka & spenat
Baked celeriac, parsley crème, wheat berry, artichoke & spinach

Daahl, röda linser, sötpotatis, kokos, garam masala, ris & koriander
Daahl, red lentils, sweet potato, coconut, garam masala, rice & coriander

Bakade rödbetor, fetaostkräm, gröna linser, rostade valnötter & solrosskott.
Baked beetroots, feta cheese crème, green lentils, roasted pumpkin seeds & sunflower sprouts

FISK

MÅNDAG

Pocherad fisk, krämig spenat, kokt potatis & rostad lök
Poached fish, creamy spinach, boiled potatoes & fried onion

TISDAG

Kryddbakad fisk, stekt bulgur, zucchini, aubergine & myntakräm
Spiced fish, fried bulgur, zucchini, aubergine & mint cream

ONSDAG

Bakad fisk, krämig risoni, rostad tomat & ruccola
Baked fish, creamy risoni, roasted tomatoes & rocket salad

TORSDAG

Bakad fisk, rostad potatis, rotsaker, tomat- & saffransbuljong
Baked fish, roasted potatoes, vegetables, tomato & saffron broth

FREDAG

Pankobakad fisk, tartarsås, citron, kokt potatis & ärtskott
Panko baked fish, tartare sauce, lemon, boiled potatoes & pea sprouts

KÖTT

Pytt i panna, rödbeta, saltgurka, äggulekräm & persilja
Swedish hash, beetroot, pickled cucumber, egg yolk crème & parsley

Pannbiff, stekt lök, potatismos, dragonsås & persilja
Meat patty, fried onion, potato mash, tarragon sauce & parsley

Helstekt fläskkarré, chipotlekräm, rostad potatis & rotfrukter
Pork loin, chipotle cream, roasted potatoes & root vegetables

Yoghurtmarinerat kycklingbröst, mango chutney & kryddris
Yoghurt marinated chicken breast, mango chutney & spiced rice

Pasta, gorgonzola, grädde, champinjon, nattbakad högre & ruccola
Pasta, gorgonzola, cream, mushrooms, slow cooked beef chuck & rocket salad

Med reservation för ändring av råvaror