

WIJKANDERS

RESTAURANG

Lunchmeny V.38, 2019

VEGETARISK

Chili sin carne på sojafärs & bönor, yoghurt, inlagd gurka & ris
Chili sin carne of soy protein & beans, yoghurt, pickled cucumber & rice

Pasta, tomatsås, oliver, kapris, Grana Padano, ruccolasallad & rostade frön
Pasta, tomato sauce, olives, capers, Grana Padano, rocket salad & roasted seeds

Vegetarisk lasagne, sojafärs, svamp & mozzarella
Vegetarian lasagna, minced soy, mushrooms & mozzarella

Dahl på linser- & kikärtor, basmatiris, koriander & naanbröd
Dahl of lentils & chick peas, basmati rice, coriander & naan bread

Sojafärslimpa, stekt ris, zucchini, paprika, lök & soltorkad tomatkräm
Soy protein loaf, fried rice, zucchini, bell pepper & sundried tomato cream

FISK

MÅNDAG

Chilibakad fisk, pak shoy, nudelsallad & misokrä
Chili baked cod, pak shoy, noodle salad & miso dressing

TISDAG

Tomat- & olivbakad fisk, potatismos, kapris & baby leaf sallad
Tomato & olive baked fish, mashed potatoes, capers & baby leaf salad

ONSDAG

Fisk- & skaldjursgryta, aioli, krutonger & dill
Fish & shellfish ragout, aioli, croutons & dill

TORSDAG

Kokt fisk, ägg- & persiljesås, krossad potatis & dill
Poached fish, egg & parsley sauce, crushed potatoes & dill

FREDAG

Stekt, panerad fisk, gräddkokt spenat & örtslungad potatis
Fried crumbed fish, creamy spinach & herb seasoned potatoes

KÖTT

Pytt i panna, rödbetor, äggkräm & saltgurka
Swedish hash, beetrots, egg cream & pickles

Chorizo, rostad potatis, kål & senapsås
Chorizo, roasted potatoes, cabbage & mustard sauce

Köttfärslimpa, bacon, svamp, lök & potatismos
Meat loaf, bacon, mushrooms, onions & mashed potatoes

Kyckling i curry- & kokossås, koriander & rostad lök
Chicken in curry & coconutsauce, coriander & roasted onions

Chili på högre, chipotle, lime, ris, koriander & yoghurt
Beef chili, chipotle, lime, rice, coriander & yoghurt

Med reservation för ändring av råvaror